

Hijacking Resonance T1 20230824

It's August 24th 2023 it's about 8:30 in the morning once again that's August 24th 2023 about 8:30 in the morning and he's going to be as usual kind of rough notes I think I'm going to name this presentation this set of notes resonance hijacking or hijacking resonance yeah I think it's going to be hijacking resonance I was trying to work through so I read an article about there were two basic tools that people use to manipulate I think that's the best generalized word I could think of and the first tool is the stories that we weave for ourselves it's what I kind of I think the word that I generally use is our view so that would be our view of the world and our role in it so that's sort of the narrative or the author of our story and so this is just a natural this is just a natural inclination that individuals engage in we assess the world and we develop or formulate or form our views of the world and then we kind of see how we fit into it that's our role in it a lot of this is based on our values and that goes back to the choice of first magnitude it's the standard of measure that we choose how we choose to measure our life and the way I generally sum that up is it's we choose our treasure or we choose our treasures it's what we choose to treasure in this world in my previous recording I was talking about how we are through the power of suggestion if if an individual accepts the premise of the suggestion then they're cast into a role that supports that premise and I usually sum that up by saying that we become part of the supporting cast but I was trying tried to understand the dynamics of that the process of that and so I read about again I was reading about manipulation and how we you know are manipulated and the tools that are used to manipulate us and part of it was about gamification it's about how we play a part in somebody else's game and sometimes in ways that we're not even aware of so what I was looking at was it's resonance it's the principles and priorities our life revolves around and the story that we've spun for ourselves that we've authored for ourself and those stories of course vary greatly individually from person to person to individual and the roles that they see themselves playing also varies greatly for individual to individual but with that said a manipulator they can become aware of the basis the foundational principles that these individual actualities that's what I turn term them these are the stories that people weave for themselves their view of the world and their role in it, and so they can tune into that and if they can tune into it they can hijack it. And I think that was the primary that was the primary you put them in a relationship with with each other. And this is really kind of the concept that I was trying to understand, the dynamic of how individuals are cast into roles that supports someone else's story and therefore becomes part of their supporting cast. And so I know I have it in my notes about how in navigation, and of course that's kind of partly how I see all this, that it's, so if we take a fix, this is, dead reckoning is one way they talk about it in navigation, but if we take a fix. And that initial fix, in my terms I would say, you are here. You're taking that initial fix and you're trying to identify your position. That's your starting point, where you're starting from. And so once you make that fix, then based on that fix, you start to plot your path in order to get there. To get to your destination, to your goal. So there's errors that can be introduced. The first level of error, which obviously in my view is

the most severe, is if that initial fix is not correct, true and correct, then any navigation that you plot based on that is, off course, because you didn't get your initial fix set correctly. You didn't identify your current position, your starting point. And so I guess this kind of goes back to the way that we weave our stories. You know, it's, you know, your view of the world and your role in it, the principles and priorities, the values that your life revolves around. So if that initial fix is not true and accurate, then you begin in error. And so one of the terms that I, you know, after I adopted that term, a fix, then the next thing that it's a fixation. And that's probably the most biased. And therefore most disabling component of getting your initial fix wrong. You there, you begin to have a fixation. And then from there, as you're plotting your course, you can continue to make more and more errors in your, in your course and your course corrections. So I'm just going back to, to what I initially kind of started with. And that was how do, how does our, how does the resonance of our story become hijacked?